



Jewish Residents of Leisure World

Silver Spring, Maryland

October 2009, Tishrei-Cheshvan 5770

Newsletter Editors: Paul M. Bessel & Bernice F. Cohen

Upcoming Events at JRLW and other Leisure World Jewish Organizations

- (for details see the calendar in this Newsletter)
- Wed, Oct 7..... Hadassah Board
 - Wed, Oct 7..... Na'Amat Fashion Show
 - Wed, Oct 7..... JRLW special membership meeting for new bylaws
 - Mon, October 12..... Na'Amat Council Board
 - Monday, October 12..... JRLW Board
 - Tue, Oct 13... Deadline JRLW Nov Newsletter
 - Thu, Oct 15..... JRLW Bible Study
 - Sun, Oct 18... JRLW Sunday Breakfast Forum
 - Sun, Oct 18..... Na'Amat Scenic Train Trip
 - Tue, Oct 20..... Na'Amat RBZ Board
 - Wed, Oct 21..... Hadassah meeting
 - Wed, Oct 28..... Reception at Bedford Court
 - Wed, Oct 28..... B'nai B'rith
 - Wed, Oct 28..... JRLW Bible Study
 - Thu, Oct 29... Na'amat Council Book & Author

October 2009 Religious Services

- Friday, October 2. JRLW Reform Service
8pm - Inter-Faith Chapel
- Sunday, October 4, 11, 18, 25. Services
Conservative, 8:45am in Clubhouse 2
- Saturday, October 10. Conservative Services
9:15am in Clubhouse 2, Activities Room

This Might Be Your Last Newsletter!

Most JRLW members have paid their current dues but a small number haven't, even after reminders. It is not fair to those who paid dues to keep the others on the membership list. Therefore, if you have not paid your current JRLW dues, this is the last Newsletter you will receive unless you contact Sue Rudo - suearudo@verizon.net or 301-598-1153 - to bring your membership back into good standing.

President's Message



Having just concluded the High Holy Days, it is time for the Jewish Residents of Leisure World to look ahead to the coming year. It is a time to assess the past year and determine what

we will be doing in the coming year. Much has happened in the past year as JRLW has emerged from a mom and pop operation to that of a full fledged, multi faceted incorporated organization. We look forward to continuing success, but this will only happen if you are a participant, not merely an observer.

The message that I gave at the Yom Kippur services last year dealt with the need to have a more inclusive organization with better, friendlier outreach, with full committees working where once individuals bore the burden of the work and the responsibility. The Jewish community of Leisure World has been growing and the needs of this changing community are coming to bear in the programs and services JRLW offers. This is the ultimate challenge if we as an organization are to bear witness to the past and plan for the future. More involvement means greater input to determine the needs of the Jewish community, to be in a position to plan for changes and to put them into effect. Each one of you, whether you have lived here 16 years or one year has something to offer that will improve the quality of life here in Leisure World.

During the past year the officers and committees have worked hard to address this challenge. I want to thank each and every person – officer, chairperson and committee member – who helped in this effort. Dolly Solomon, Susan Weiss, David Firestone, Sue Rudo and Cynthia Silverstein who held positions as officers, Neil Ross as Religious chair, Mort Rudo as Education, Sheila Chodorov as

Programs, Eleanor Prissman as Events Coordinator, Sue Rudo as Membership, Barbara Kaze for Tzedakah, Ellen Zweig, Prayer Book and Torah Maintenance Fund, Anita Van Grack for the Singles, Theda Rosenblum for Travel, Marilyn Fox and Buddy Budman for Oneg Shabbat, Natalie Brodsky for Kiddush, Phyllis Hutt for Outreach, Gloria Horwitz for Room Reservations, Ernie Pollak for the Minyanim, Ed Laskin as Choir Director, and Morty Davis as Calendar Coordinator. Last in my list are two people who have taken the challenge of Communications and addressed it in a way that has been complimented by all – Bernice Cohen and Paul Bessel. In addition to a fine newsletter, we have a very viable web site – JRLW.org.

Supporting these leaders are a phalanx of committee members who carry out the discussions and work required to bring services, programs, educational classes, and the such to the JRLW and Leisure World community. Our thanks to you all.

The challenge for the year ahead is not what you will get from JRLW, but you are willing to contribute. The future is ours, if we take on the challenge.

Fred Shapiro
(phone) 301-598-7949;
(email) fshapiro@comcast.net

Bedford Court Events

JRLW will cosponsor a reception at Bedford Court with light refreshments on October 28 at 2:30pm, followed by a slide show on "America the Beautiful" by Fred Shapiro. Reserve a place with Dolly Solomon at 301-598-1955.

Jewish Residents of Leisure World are invited to Bedford Court events. For information and reservations call Beth at 301-598-2900.
Oct 28, 2:30pm. Open House & Travel Slide Show
Reception and light refreshments
JRLW residents are invited

Jewish Recipe Corner

Edythe Waganheim is the contributor this month.



Gefilte Fish Loaf

- 3 cans Rokeach's Vienna sweet gefilte fish (8 pieces per can)
- 1 shredded carrot per can
- 1 egg per can
- 1/4 cup mayonnaise per can
- 1/4 cup matzo meal per can
- 1tablespoon parsley per can
- Paprika

Grease large pyrex dish. Mash fish-add carrots, eggs, mayonnaise, matzo meal, and parsley. Mix by hand. Place in pyrex dish. Sprinkle paprika on top. Bake 50 minutes to 1 hour in 350 degree oven. Test with toothpick for doneness. Do not put plastic or Reynold's wrap on fish until cooled to room temperature. Refrigerate. Enjoy!

(JRLW members are invited to send us your favorite Jewish recipes.)

JRLW Education Programs

Rabbi Gary Fink will be giving a course titled "Ethics of Speech" Oct 13 - Nov 17, 10:30am, based on Jewish texts. The fee will be \$12.

Nov 2 - 30, Dr. Myrna Teck will give a course titled "The Art of Jewish Life," starting with "Jewish Women Artists." These interactive programs provide a visual arts avenue to knowledge of the Jewish People. The classes will start at 2:30 pm and the fee will be \$18.

On Nov. 9 writer David Lehman will review his book "A Fine Romance" .The book is about Jewish songwriters and American songs. The one-day book review is part of the JCC Jewish Book Festival of Rockville. Fee will be \$6.

Oct 14, 1pm, Clubhouse 1, Dr. Erica Brown will present "When Jews do bad things, " discussing collective shame, Jews' reputation, and Jewish ethics. Cost \$6.

Oct 26, 1pm, Dr. Leila Gal Brenner on "The Hidden Jews of the Southwest . We will explore the tenacity and persistence of Jewish practice, the survival of this remnant of Spanish Jewry, and the hidden Jewish communities of the American Southwest today. Cost \$6.

JRLW Member Leonard Teitelbaum

JRLW is proud to have among its members someone with a unique history as a Maryland lawmaker — former State Senator Leonard Teitelbaum.

Like many American Jews, Len's grandparents were from Eastern Europe (Russia and Hungary) and his origins are in New York. Len was born in Brooklyn and attended Rensselaer Polytechnic Institute in Troy, New York, where he met his wife, Marilyn, while earning an engineering degree in 1953.

After graduating, he joined the U.S. Army Signal Corps and worked in the White House under President Dwight D. Eisenhower. He lived in Kemp Mill and after his Army service he formed a company that sold computers that had far less power than computers that today can fit in wristwatches.

While Len was in Kemp Mill he made a decision that changed the course of his career. When he wanted a new park by a shopping center in his neighborhood. To accomplish that, he helped a group of neighbors petition to establish the Kemp Mill Park. The group got the park and Len was elected Precinct Chairman and then a member of the Montgomery County Democratic Central Committee.

Being an engineer, Len was appointed a Commissioner of the WSSC, the Washington Suburban Sanitary Commission, the group in charge of our county's water and sewer supply. He also served as its chairman. He did so well that when there was a vacancy for Maryland State Delegate from District 19, which includes Kemp Mill as well as Leisure World, Len Teitelbaum was asked to run and he won a seat.

Len served 8 years in the Maryland House of Delegates and then was elected to the State Senate, where he served District 19 residents for another 12 years. He chaired subcommittees on technology and data systems, again drawing on his engineering background, and also served on the important Finance Committee. He said he worked the hardest in his life while a State Delegate and Senator, always trying to help the people of his district and state.

As an example of Len's style of working with others, when he sponsored a bill to prohibit smoking in hospitals he needed one more vote in his committee. To obtain it, he agreed to an amendment that allowed smoking in hospitals for anyone who could get a doctor's prescription — knowing that no doctor would write such a prescription. It worked and Len's bill passed both houses and was signed into law.

Len's manner of getting along with everyone was also evident when after a long day in the legislature he was invited to join a group of Republicans having dinner. They got along so well, "disagreeing agreeably," that the Republicans introduced and the Senate passed a resolution that made Democratic Senator Leonard Teitelbaum a "Republican for a Day." In the highly partisan atmosphere there, this is a great honor.



Len Teitelbaum's legacy as a Maryland lawmaker includes bills establishing a Holocaust & Human Rights Resource Center in Maryland, provide state funding for Montgomery Hospice's Casey House, and a Health Care Bill of Rights for Maryland citizens.

He describes politics as a "disease that there are no shots for, but if you get the disease and get involved you can contribute to a better society for everyone." More importantly, Len says "people who are effective are people who get along." Len Teitelbaum has proven that during his long and productive career where everyone who knows him comments on his smile and friendliness. Leisure World and JRLW are lucky to have Len and Marilyn Teitelbaum as our neighbors, members, and friends.

Reminder about "Lost in Yonkers"

To those who purchased tickets for "Lost in Yonkers," Sunday evening, Nov 1, 2009, the bus leaves Clubhouse 2 at 6pm. Please be on time. Theda Rosenblum 301-598-0192

Tzedakah

To sponsor a Friday evening Oneg Shabbat or a Saturday morning Shabbat Kiddush, send \$25 minimum to Martha Ross 3210 N. Leisure World Blvd #916, Silver Spring MD 20906. Tzedakah contributions can also be sent to Martha.

Tzedakah

- ✧ Lucille Baker - to thank Ernie Pollak and Neil Ross for conducting kaddish services in my house upon the death of Irving Baker
- ✧ Anonymous - for special friend

Happy Birthday

- ✧ Gil & Lori Sturman - happy 80th birthday to David Reiff
- ✧ Jack & Lyn Moss - happy 80th birthday to David Reiff

Get Well

- ✧ Linda & David Reiff - Elaine Apter
- ✧ Linda & David Reiff - Helene Kurtzman
- ✧ Linda & David Reiff - Sig Liberman
- ✧ Sally Richman - for speedy recovery of Edna Robinson

In Memory of (imo)

- ✧ Sue & Morty Rudo - imo Margaret Sobel
- ✧ Eleanor Rothenberg - imo Rudy Fischer, beloved husband of Joyce Fischer
- ✧ Carole & Larry Jason - condolences to Joyce Fischer on the loss of her husband Rudy Fischer
- ✧ Carol & Jack Lerner - imo Rudy Fischer
- ✧ Julia Schecker - imo Rudy Fischer
- ✧ Julia Schecker - imo Nathan Soltoff
- ✧ Linda & David Reiff - imo Rudy Fischer
- ✧ Mildred Rosenthal - imo Maureen Green Galanter
- ✧ Sandra Sager - imo my husband, Irving Sager
- ✧ Sandra Sager - imo my parents, Emil Schaefer and Jessica Schaefer Bresler
- ✧ Sandra Sager - imo my companion, Allen Abelson

In Honor of (iho)

- ✧ Sandy & Larry Brockman - iho Ernie Pollak's second Bar Mitzvah
- ✧ Madeline & Fred Shapiro - iho Ernie Pollak's Bar Mitzvah anniversary
- ✧ Paula & Lou Rubinstein - iho Ernie Pollak's second Bar Mitzvah
- ✧ Sandra Sager - iho Ernie Pollak's second Bar Mitzvah
- ✧ Martha & Neil Ross - iho Ernie Pollak's Bar Mitzvah
- ✧ Irma & Ira Sabin - iho our 59th anniversary
- ✧ Irma & Ira Sabin - iho our grandson Miles Sabin's Bar Mitzvah
- ✧ Irma & Ira Sabin - iho our granddaughter Jessica Sabin's 18th birthday
- ✧ Lucy & Ernie Pollak - iho Larry & Sandy Brockman's 50th anniversary
- ✧ Beatrice Abelman - iho Dorothy Salins' 100th birthday

Oneg & Kiddush

- ✧ Lucy Pollak - iho Ernie Pollak's Bar Mitzvah anniversary
- ✧ Theda Rosenblum - a sincere "Thank You" to all who make our Friday services so lovely

Torah Maintenance Fund & Prayer Book Fund

Individuals can be honored and loved ones memorialized with a contribution to a Torah Maintenance Fund and/or Prayer Book Fund for \$25. For more information contact Ellen Zweig (301-598-2144).

Recent donations are:

- ✧ Delores Schneider - Prayer Book in memory of Paul Browner father of Nanci & Harvey Reich
- ✧ Rose Papier - Prayer Book in memory of my beloved husband Louis Papier
- ✧ Elaine Molnick - Prayer Book in memory of my dear husband Dr. Barry Molnick
- ✧ Joyce & Bob Stromberg - Prayer Book in honor of Ruth Greenspan's 99th Birthday.
- ✧ Ken Israeli - donation to the Torah Maintenance Fund in honor of Ernie Pollack on the occasion of his 2nd Bar Mitzvah

October 2009 — Tishrei-Cheshvan 5770

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				October 1 13 Tishrei	October 2 14 Tishrei Candle Lighting 6:32pm JRLW Reform Service 8pm Inter-Faith Chapel	October 3 15 Tishrei Sukkos day 1
October 4 16 Tishrei Sukkos day 2 Conservative Services 8:45am Clubhse 2	October 5 17 Tishrei Sukkos day 3	October 6 18 Tishrei Sukkos day 4	October 7 19 Tishrei Hadassah Board 10am Clubhouse 1 Na'Amat Lunch 11:30am Clubhouse 1 JRLW Meeting for new Bylaws 7pm Clubhs 1	October 8 20 Tishrei Sukkos day 6	October 9 21 Tishrei Sukkos day 7 Candle Lighting 6:22pm	October 10 22 Tishrei Shemini Atzeret Yizkor Conservative Services 9:15am Clubhse 2
October 11 23 Tishrei Simchas Torah Conservative Services 8:45am Clubhse 2	October 12 24 Tishrei Na'Amat Board, 10am JRLW Board 7pm Clubhse 2	October 13 25 Tishrei Deadline for November JRLW Newsletter	October 14 26 Tishrei	October 15 27 Tishrei JRLW Bible Study 7:15pm Clubhouse 2	October 16 28 Tishrei Candle Lighting 6:11pm	October 17 29 Tishrei
October 18 30 Cheshvan Conservative Services 8:45am Clubhse 2 JRLW Breakfast Forum 10am Clubhouse 1 Na'Amat Trip	October 19 1 Cheshvan Rosh Chodesh	October 20 2 Cheshvan Na'Amat RBZ Club Board Meeting, 10am	October 21 3 Cheshvan Hadassah meeting 12:30pm	October 22 4 Cheshvan	October 23 5 Cheshvan Candle Lighting 6:01pm	October 24 6 Cheshvan
October 25 7 Cheshvan Conservative Services 8:45am Clubhse 2	October 26 8 Cheshvan	October 27 9 Cheshvan	October 28 10 Cheshvan B'nai B'rith 1:30pm Clubhouse 2 JRLW at Bedford Court 2:30pm JRLW Bible Study 7:15pm Clubhouse 2	October 29 11 Cheshvan Na'Amat Greater Washington Council Book & Author, Temple Emanuel, 11:30am	October 30 12 Cheshvan Candle Lighting 5:53pm	October 31 13 Cheshvan

Companies that advertise in the JRLW Newsletter are proving their support for JRLW.

Please show your support of them!

If you know of other companies that might be interested in supporting JRLW by advertising in our Newsletter, please contact JRLW President Fred Shapiro.

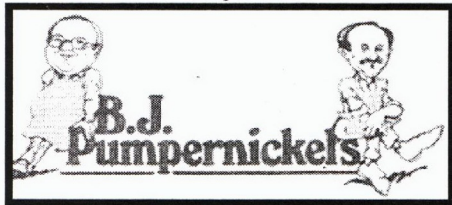
*Please join us for a
complimentary lunch and
tour of our community.*

**BEDFORD
COURT**

A SUNRISE SENIOR LIVING COMMUNITY

Please call Heather or Beth to schedule a
personal visit at 301-598-2900

Independent Living, Assisted Living,
Nursing & Rehabilitative Care



18169 Town Center Drive, Olney MD 20832
301-924-1400

New York Style Sit Down Deli Diner
Come try our Jewish Favorites
Leisure World Specials
Early Bird Specials M-F 3:30pm-5:30pm

Jewish Holidays in October 2009

Sukkot, also known as Sukkos, Succoth, Feast of Booths or Feast of Tabernacles, is a Biblical pilgrimage festival, when Jews in ancient Israel traveled to the Temple in Jerusalem. The holiday lasts seven days. It was also the time of harvesting.

The Garden of Remembrance

Call us, and we will tell you "NO"
NO additional maintenance fees for memorials
or grounds.
NO additional charge for services "after hours"
NO additional charge for Sunday services
NO hidden or undisclosed charges
NO processing fee
NO finance charges
What would you rather sacrifice: Quality,
Service or Price?
*At Garden of Remembrance You Sacrifice
Nothing*
You get the Highest Quality, Uncompromising
Service and the
Lowest Possible Price!

David Kaler
301-675-7993

Harley Felstein
240-364-4590

Sukkah means booth or hut. The sukkah reminds us of the thatched huts in which the ancient Israelites dwelt during their 40 years of wandering after the Exodus from Egypt.

Many people invite family, friends, neighbors, people who are alone, Jews or non-Jews, to join them in a sukkah for a snack or a meal.

Outside the land of Israel, Shemini Atzeret is a two-day holiday which immediately follows Sukkot, and Simchat Torah is celebrated on the second day of Shemini Atzeret.

The Yizkor memorial service is recited on Shemini Atzeret.

Simchat Torah is a happy celebration during which the last portion of the Torah is read and the very first portion of the Torah is read immediately after.

In the 20th century, Jews of the Soviet Union, in particular, celebrated Simchat Torah in the streets of Moscow. In 1973 more than 100,000 took part in a rally on behalf of Soviet Jewry.

High Holidays or High Holy Days?

Are Rosh Hashanah and Yom Kippur "High Holidays" or "High Holy Days"? Chabad, an orthodox group, uses "High Holidays" on its website. The United Synagogue of Conservative Judaism uses "High Holy Days." The Jewish Theological Seminary uses "High Holidays." The World Union for Progressive Judaism (Reform) uses "High Holy Days." So, it seems either "High Holy Days" or the "High Holidays" can be used.

Compassion & Choices

Compassion & Choices of Leisure World is having a meeting on Tuesday, Sept 29 at 2pm in Clubhouse 1. This is a new group which is dedicated to helping Leisure World residents learn more about the choices all of us may face toward the end of our lives.

Montgomery Hospice is providing a speaker to explain what hospice care is and when people might choose it. Jack Walsh will talk about the hospice philosophy and the team approach to health care at the end of life. There will be an opportunity to ask questions and discuss issues.

Contact Rosalind Kipping if you'll attend - rkippling@mindspring.com or .301-598-4171

Mt. Scopus Hadassah

The speaker at Hadassah's meeting Wed, Oct. 21 in Clubhouse I is Shirley Schantz RN. She is Nursing Education Director at the National Association of School Nurses in Silver Spring. Her topic is "What I Need to Know About My Own Health." Socializing begins at 12:30pm and the meeting starts at 1pm. All Leisure World residents are welcome to attend.

The Greater Washington Chapter of Hadassah offers "Hadassah Presents," a new format for its annual fall luncheon affair on Sun, Nov. 1 at the Hyatt Regency Hotel in Bethesda. A boutique opens at 9:30am and lunch begins at 11:30am. Allis and Ronald Radosh will discuss their new book "Harry Truman and the Founding of Israel." The event also features NPR Journalist Susan Stamberg. If you do not have the reservation form that was in the Chapter

Newsletter, call the office at 301-585-7772.

When all is said and done

by Phyllis Hutt

The New Year has come and gone, and with it many firm resolutions that we promise ourselves to accomplish by year's end. My fervent resolve to be a better person always includes a new diet. People who are slim don't realize the emotional burden they place upon the shoulders of those of us who aren't. These diet plans are usually scrapped with the first bite of blueberry blintzes at the fast breaking.

I could go to the pool, but it gives me an appetite just lying around on a comfortable lounge and watching people working out, especially when they look like they don't need to. Does knitting count as an exercise? They say life is a trade-off. I would like to trade my metabolism for Julia Roberts'.

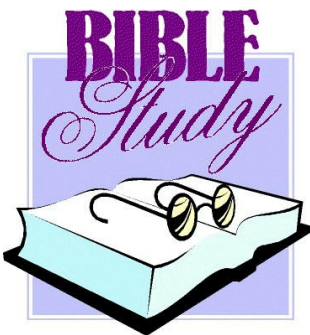
Many who think they are overweight are not. They are simply severely under-height. The facts, pure and simple, are that there is a definite bias against rotund individuals, except maybe around Christmas if you encounter someone in a red suit with white fur, who laughs a lot and is ringing a bell at the mall. In short, I have made the following observations:

Movie seats are too narrow. Restaurant booths leave a red mark across the belly. Turnstiles pinch. Seatbelts are embarrassing when you are in someone's car and it doesn't reach. Planes, too. Furniture is built too low. You need a crane to lift you from the sofa. Six-passenger cars hold four plus sizes. Forget woven lawn furniture. Sit on a lawn chair and you play Russian Roulette. Will it break? Won't it break? Should we offer to reimburse the host and hostess? What is this myth about "One size fits all"?

Life is getting somewhat easier. Airlines no longer weigh the passengers pre-flight. Our living bras will never die of malnutrition. Let's face it: dieting is a losing battle. Well-intentioned as I am, when all is said and done, more is said than done.

Na'Amat

Wed, Oct 7. Fashion Show Luncheon
11:30am, Clubhouse 1 Ballroom
Mon, Oct 12. . . . Greater Washington Council
Board, 10am
Tue, Oct 20. Na'Amat RBZ Club
Board Meeting, 10am
Sun, Oct 18. Scenic Train Trip
Thu, Oct 29. . . . Greater Washington Council
Book & Author, Temple Emanuel, 11:30am



JRLW's Bible study group will meet Oct 15 and 28 at 7:15pm in Clubhouse 2. We are continuing with the Book of Exodus in English. Newcomers are welcome and there are no prerequisites. Call Jerry Miller 301-438-3444 with any questions

"Coming of Age" from JCC

Coming of Age in Maryland is a collaboration of the Jewish Social Service Agency, the Jewish Community Center of Greater Washington, Premier Homecare, Inc., the Jewish Council for the Aging and the Jewish Federation of Greater Washington. The following benefits and programs will be available through Coming of Age in Maryland beginning September 2009:

Free program membership; enhanced twice monthly "Day @ the J" programs; free use of the JCC's Health & Wellness facility during Coming of Age's "Day @ the J"; group excursions to local cultural venues; monthly "Food 'n Fun" meal & entertainment events at local restaurants; social work support; financial assistance for JCC memberships and for program participation for qualifying individuals; transportation provided to select events for a nominal fee.

The first Coming of Age in Maryland event is September 29 at the JCC in Rockville from 11am to 2pm. The schedule of Coming of Age in

Maryland events and programs in the JCC's Center Scene newspaper, the JRLW Newsletter, synagogue newsletters, on the web and via monthly mailings to those on their mailing list.

There will be a "Day at the J" on Sept. 29, Oct. 6 and Oct. 20 and a trip to Toby's to see a matinee tribute to Frank Sinatra on Oct. 21. On Oct 28 there will be Food N' Fun at the Original Pancake House in Rockville.

For questions or to be on the mailing list or to register, call 301-348-3832.

JCCGW is having a Polinger Artists of Excellence Season, presenting different musical talents. Ticket prices are \$45 for seniors.

Oct. 25: Eroica Piano Trio

November 22: Modigliani Quartet + Jose Franch-Ballester, clarinet

For more information, call the box office at 301-348-3872.

There will also be a free concert on Wednesday, Oct. 21: Chamber Music; Concert in Memory of Daniel Pearl, a classical program of music with Jewish themes or by Jewish composers to pay tribute to slain journalist Daniel Pearl.

Malavah Malkah

There are still some openings for the Malavah Malkah, Saturday, November 7 at 6pm in Clubhouse 1. There will be a brief Havdalah Service followed by dairy buffet and musical entertainment by Robyn Helzner. Tickets are \$20 per person. Make checks to "JRLW" and mail to Theda Rosenblum, 3330 N. Leisure World Blvd #117, Silver Spring MD 20906, and include the names of people in your group.

Free Wharff Expo Explores New Trends in Retirement for Seniors

Lifestyles are shifting for people over age 50. Seniors can explore these trends with local experts at a free event, WHARFF Expo 2009, Sun, Nov 1 from 10am to 4pm at Temple Beth Ami, 14330 Travilah Rd, Rockville. Montgomery County seniors of all religious and ethnic backgrounds are welcome. It is co-sponsored by

Temple Beth Ami, Premier Homecare, JSSA (Jewish Social Service Agency), the Jewish Council for the Aging, the Montgomery County Recreation Department and the Rockville Senior Services Division, plus local businesses.

Arrangements have been made in concert with JRLW for free buses from Leisure World to and from Temple Beth Ami. Reservations can be made at the E&R office in Clubhouse 1. There will be three trips to and from the WHARFF Expo. The buses are being supplied by the Rockville Senior Services Division.

WHARFF stands for wellness, health, aging, retirement and financial freedom, the themes of the expo. Panel discussions by local experts will include author and journalist Abigail Trafford, discussing creating a fulfilling retirement and a positive attitude; William Roberge, an attorney experienced in estate planning and elder law issues, internist Marcia Goldmark on blending traditional and alternative medicine approaches; financial planner Lois Fishman on financial considerations in retirement; Natalie Merkur-Rose, a social worker at JSSA speaking about contemporary grandparenting.

Attendees may sample services to improve health and well-being, including aromatherapy, massage and energy therapists, a podiatrist, dermatologist, dietician and cancer specialist. Advance registration for these services is available on the internet at www.BethAmi.org/WHARFF. Walk-in registration for these appointments will be available only in the event of cancellations or no-shows.

Local senior painters, sculptors and photographers will show their work, plus performing arts such as the Heart of Maryland Chorus with its senior singers. The musicians will perform with the Montgomery Philharmonic.

Other activities will include cooking demonstrations, a book fair by Barnes and Noble with an author signing, exhibit halls, a blood drive, a silent auction. Participants who enter a raffle may win prizes.

For more information, visit www.BethAmi.org/WHARFF or stop at the E&R office for a brochure.

Annual Sukkoth Celebration at the Interfaith Chapel

by Fred Shapiro, President JRLW

JRLW invites all LW residents and their children, grandchildren, and friends to come and share fellowship and refreshments at the Sukkah in the upper parking lot of the Inter-Faith Chapel. The Sukkah will be open at 6:30pm on Sat-Sun, Oct. 3-4 for Mincha and Maariv Services, and on Sun, Oct. 4 from 11am to 3pm. It will also be open from 2-4pm the following week from Mon, Oct. 5 thru Thu. Oct. 8. The Sukkah is hosted by a JRLW committee headed by Susan Weiss and Suzanne Offit that prepares the refreshments and events that will take place during the holiday. Hostesses are needed during the times listed so if you can come for just 2 hours please call either Susan (301-460-6030) or Suzanne (301-598-1966).

The celebration of the Sukkah is an annual event hosted by JRLW in cooperation with the Inter-Faith Chapel.

From the evening of Oct. 2 through Sat., Oct. 10, Jews celebrate this festive holiday founded in the agricultural roots of the Israelites, commemorating the lives they endured as they wandered in the desert for forty years before entering the Promised Land. A key element of the holiday is the custom of saying the blessing over the wine and bread and eating the meals in a hut (tabernacle). The structure is reminiscent of the temporary dwellings set up when the Israelites came to a site. As a sign of the temporary nature of these huts, the roof is open to the skies, usually covered with reeds, branches, or similar natural materials.

Each year local children decorate and initiate the celebration of the Sukkah. Students at the Children's Learning Center in Rockville come to Leisure World to decorate the Sukkah with a variety of crafts they have made, enjoy an educational program and have a dessert in the Sukkah followed by music and dancing in the parking lot. This will begin in the Sukkah on Friday, October 2 at 10:15am. Residents are invited to attend this festive occasion.

Help Your Surviving Spouse or Family

We may not want to think about it but anyone can die at any time. That's why we should all consider the following things now.

Write or type a list of the details of your financial matters and give it to your spouse or your family, or at least tell them where this list is.

On your list, include the names and account numbers of bank accounts, mutual funds, and stock brokerages, plus details about all the real estate and vehicles you own, valuable personal property, insurance policies, cemetery plot, veterans information, and safe deposit box.

Even if you don't know all this information, it can help your family if you list some of it. You never know when your loved ones will need this information and you won't be there to give it to them. They will love you more for thinking ahead of time about how to help them.

Bus Transportation to JRLW Events

JRLW is trying to arrange for bus transportation to our various services and functions. In order to do this in a manner that will enable us to determine the cost to JRLW and, in turn, the cost to the individuals making use of this service, we need input on how many members are interested. If you are, please leave a note with your name, address and phone number in the JRLW mail box in Clubhouse 1 E&R office. If the cost per person is reasonable, we will arrange for transportation.

New JRLW Members

JRLW welcomes new members. We're glad you joined JRLW and look forward to your participation in our activities.

- ✓ David & Ellen Darr, 3300 Solomons Ct
- ✓ Marilyn & Len Cohen, 2901 SLWB
- ✓ Kitty Horer - 3100 NLWB
- ✓ Sue Swift - 2904 NLWB
- ✓ Elisha C. Freedman, 15101 Interlachen Dr
- ✓ Gloria & Alvin Bernstein, 2901 SLWB
- ✓ Debra Becker, 3330 NLWB
- ✓ Iris Grossman, 15101 Interlachen Dr

Har Tzeon-Agudath Achim Senior Group

The JCC of Greater Washington sponsors programs at Har Tzeon-Agudath Israel to which they have invited JRLW members to attend.

The programs are Thu. from 11am to 2:30pm. The morning session features a current events discussion and exercises with Mim Parizer. A hot lunch is served at a cost of \$4.

Contact Linda Wechsler at 301-348-3893 for bus and/or lunch reservations.

Thu, Oct 1. Esther McBride
Old Days and Jewish Life in Washington

Jewish Religious Services in October

The Oct 2 Friday night Reform Shabbat services will be at 8pm at the Inter-Faith Chapel, led by Rabbi Gary Fink and Cantor Emeritus Mark Levi, with Ed Laskin leading the choir.

Saturday Conservative Shabbat services will be Oct 10 at 9:15am in Clubhouse 2 Activities Room, led by Cantor Michael Kravitz. Preliminary service will be by Justin Kramer, Torah service by Cantor Kravitz assisted by JRLW members, Haftorah by Sol Karsch, D'var Torah by Leonard Bosin, Shacharit by Mike Kravitz. Services have been shortened;

Sunday Conservative services are at 8:45am in Clubhouse 2. Rabbi Jonah Layman officiates.

Interfaith Service for Religious Freedom and Human Rights

The Interfaith Committee of Leisure World sponsored a worship service on Aug 20, 2009, focusing on religious freedom and human rights.



The program focused on religious freedom and universal human rights with special emphasis on the Baha'i, Jewish, and Christian faith communities in Iran.

October JRLW Breakfast & Program

Sunday, October 18, 2009, at 10am Clubhouse 1, Ballroom
Speaker: Rabbi Joshua Maloof Topic: Sephardic customs.

The buffet is scheduled to include bagels, cream cheese and lox spread, latkes, fruit, tomatoes, onions, danish, and coffee.

The price is \$10 per person for JRLW members for the breakfast and speaker, and \$12 per person for non-members of JRLW.

As an experiment, if anyone would like to attend only for the program (no breakfast), you are welcome to arrive at 11am and the cost is \$2.

In all cases, advance reservations by mail are required, with a deadline of October 10, 2009.

Please use the coupon below and mail it to Bella Rapaport, 3005 South Leisure World Blvd # 301, Silver Spring MD 20906, with your check, payable to JRLW.

Reservation Form for the JRLW Breakfast & Program on Sunday, October 18, 2009, 10am

Name(s) _____

Phone number _____

Email address _____

Number of JRLW members attending the breakfast at 10am and the program - \$10 each _____

Number of non-members of JRLW attending the breakfast at 10am and the program - \$12 each _____

Number of people attending only the program at 11am - \$2 each _____

Total enclosed. \$ _____

List the people you wish to sit with (tables of 10)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



Photo of JRLW's sukkah last year, with area children visiting.